

ISU REMAJA HAMIL LUAR NIKAH: BANTUAN DAN SOKONGAN YANG DIPERLUKAN

ABSTRACT

Youth involvement in the unhealthy sex practices will contribute to the issue of unmarried teenage pregnancies and sexually transmitted infection. Some of the health problems related to teenage pregnancy are high blood pressure, diabetes, anaemia and other birth complications. However, due to the increase of abortion and baby dumping cases, the focus is more on the baby care. The needs of pregnant teenagers during or after walking out from the shelter centre received less attention. The main objective of this qualitative study is to review the assistance and support needed by the unmarried pregnant teenagers to integrate back in the community after their pregnancy and birth process. The aims of study are also to identify the perceptions of present and potential problems they face during the process of pregnancy and birth. This qualitative study involved a total of 13 pregnant teenagers aged between 15 to 19 years old and a staff from one of shelter centre runs by the state government. In-depth interview method was used to collect the data. Overall, the unmarried teenage pregnancy factors that have been identified are themselves, family and friends. The problems faces by these unmarried pregnant teenagers are divided into several categories such as emotional, physical and social. There are three types of assistance or support needed by the unmarried pregnant which are family support, improvement of living standards, personality and motivation. The results are seen to be able to assist the Ministry of Health Malaysia (MOH), in particular the Ministry of Health 's Family Health Division, Ministry of Health and the Department of Health Promotion Islam Malaysia (JAIM) to improve adolescent health program in place.